

# Fillico Shells

Two elegant fillo shells create profitable presentations of signature appetizers, salads, entrées and desserts.



**No  
Trans Fat**  
No cholesterol



- Conveniently ready to fill and serve
- Enhance item value for a low cost
- Elegant presentation of hot or cold items
- Fully baked layers of crispy fillo dough

# ATHENS<sup>®</sup>

WORLD'S LARGEST PRODUCER OF FILLO PRODUCTS

**No  
Trans Fat**  
No cholesterol



## 4-Inch Fillo Tart Shells

*Traditional tart shape*

*Portion size:*

*Approximately 6 ounces of filling*

## 3-Inch Fillo Shells

*Elegant bell shape*

*Portion size:*

*Approximately 6 ounces of filling*

### FAST FILLING SUGGESTIONS

#### APPETIZERS

Chicken Mole  
Lobster Fondue  
Pears with Bleu Cheese  
Risotto Tart  
Shitake Meatloaf  
Lobster Truffle

#### COLD SALADS

Arugula and Endive Salad  
Avocado Salad  
Caponata Salad  
Caprese Salad  
Curried Chickpea Salad  
Fennel Salad

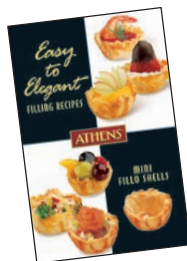
#### HOT ENTRÉES

Cajun Spiced Crab  
Chicken Pot Pie  
Goat Cheese Mushroom Soufflé  
Lamb Couscous  
Marinated Shrimp  
Tandoori Chicken

#### DESSERTS

Cheesecake  
Crème Brulee  
Custard or Curd  
Molten Chocolate Cake  
Mousse  
Tiramisu

**RECIPE TIPS:** For hot items, shells can be filled and rebaked.  
Brush inside of tart shell with egg wash when using high moisture fillings.



#### FREE RECIPE BOOK OFFER:

Visit [www.athens.com/foodservice](http://www.athens.com/foodservice) and click **Register Now!** to become eligible for our recipe book with over 50 pages of ideas. Be sure to browse our online recipe section for even more inspiration.

*Recipe books free to qualified foodservice professionals.*

ITEM	UPC	Case Pack	Unit Size	Case Cube	Case Wt.	Case Dimensions	Ti x Hi
<b>3-Inch Fillo Shells</b>	07246	2/24 ct.	48 ct.	1.07	5.57#	22.88" x 15.38" x 5.25"	5 x 12
<b>4-Inch Fillo Shells</b>	07243	4/12 ct.	48 ct.	1.07	4.36#	18.125" x 14.125" x 7.125"	6 x 10

(K) Pareve Fully baked and fresh frozen to ensure excellent shelf life: Room Temp/3 weeks • Frozen/12 Months



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